

Timeless Beauties, Studio by Jacqueline

Wardrobe Edit Tips

Step 1) Set aside a couple of hours to clear your closet

Grab a coffee, tea or glass of wine and be prepared to clear the air. You will feel so much better once this is accomplished.

Step 2) Collect 4 bins or boxes and mark them as:

- 1) keep/love – everything you love and still wear
- 2) clean/fix - anything that needs repair or needs dry-cleaning
- 3) donate - anything you haven't worn in 12 months or that is old/outdated or doesn't fit anymore
- 4) toss – any items beyond repair or are worn out

If you have items that are hardly worn and were expensive, think about taking them to a consignment store where you can get some money for them.



Step 3) Take one closet at a time (if you have more than one)

Completely empty your closet – all of it – and put it all on your bed. Now pick up one item at a time and make your decision.

- Do I love it?
- Have I worn it in the past year?
- Is it old or doesn't fit?
- Does it need repair?
- Am I undecided? (you will go back to this item later).

Throw each item into the appropriate box or bin. This takes time and can be difficult. Hang in there.

Step 4) Now put aside the boxes you are parting with to deal with later

Once you have all the items you love then you will proceed in putting them back into your closet.

Use foam covered hangers so the clothes do not slip off and don't leave marks on the shoulders. Be sure to have appropriate pant hangers.

Gather all the pieces that are the same together – all blouses, then jackets/sweaters, then pants and then dresses.

Start to hang all your blouses in colour sequence – start with light and work your way to dark colours. Do the same with your other clothing items. Hang them all facing the same way.

Your closet will look amazing and so organized.

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Now you can really see what you have to work with!

You can “shop your closet” at this point. Meaning that you can go through what you do have to work with and put together some outfits.

Start with your base (top and bottom), then add a third item whether it is sweater, cardigan, vest, jacket or blazer. This also depends on the weather. If it is warm pick either a patterned top and/or a piece of jewellery to go with the bottom base. Then pick the appropriate shoes and purse for that outfit.

Once you have put together a few outfits take a picture of them so you can refer to them when you want a certain look.

For inspiration you can check Pinterest for outfits you might like and could possibly copy. There are plenty of styles for women over 50.

Check your wardrobe checklist and make a note of what you need to buy to make up complete outfits.

Think quality not quantity. Refrain from buying unnecessary items or too many duplicates.

When buying keep within your colour palette so you don't have unflattering coloured items.

When trying on a potential new clothing item ask yourself does it feel like a “10” – you absolutely love it. If you are in doubt it probably is not right for you.

Note: Edit your wardrobe twice a year – spring/summer and fall/winter. This is the time you can figure out the holes in your wardrobe and make your list of what you need when you go shopping for that season.